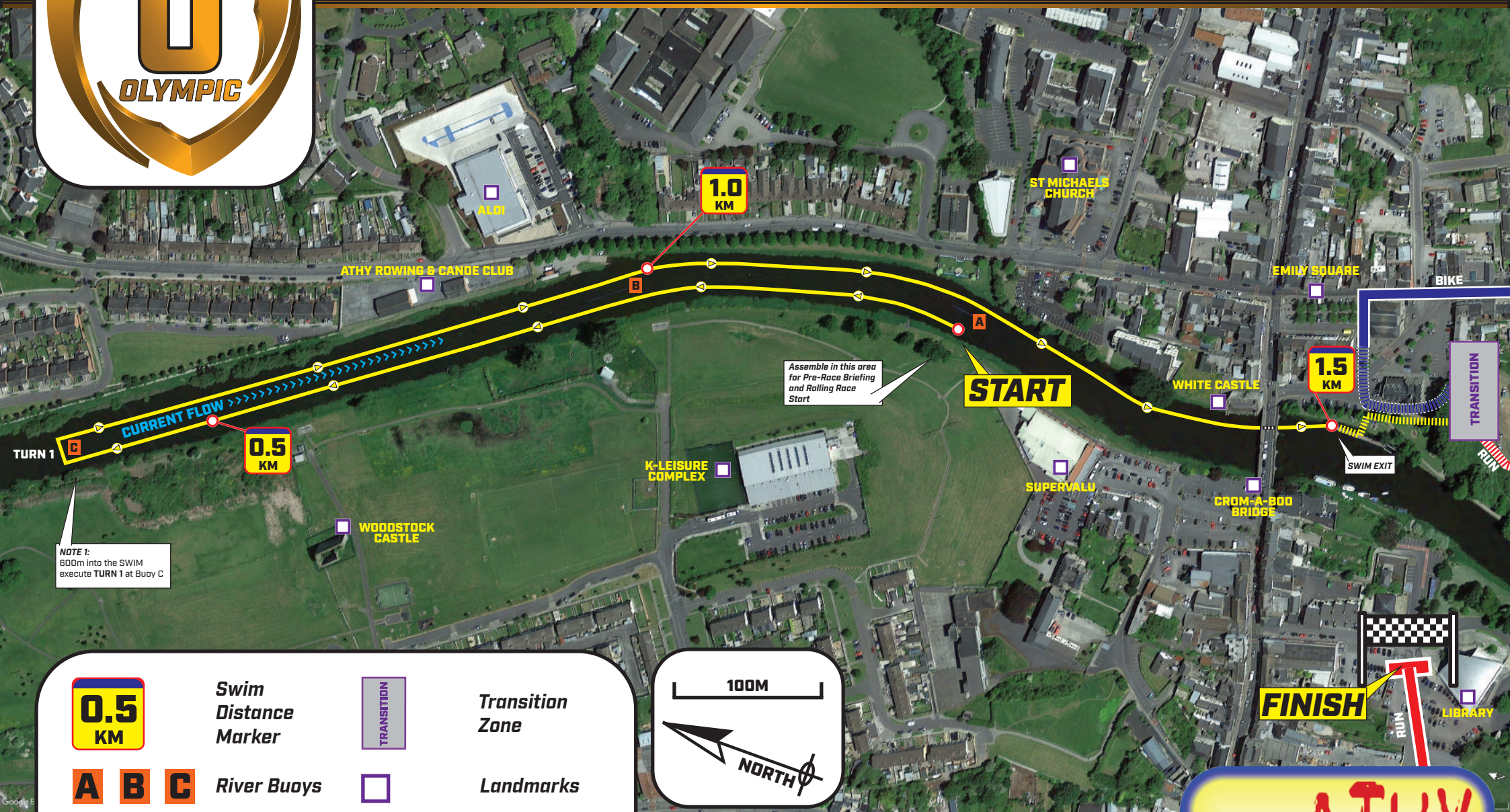












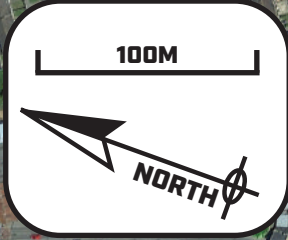


 1,500m



NOTE 1:
600m into the SWIM
execute TURN 1 at Buoy C

	Swim Distance Marker		Transition Zone
	River Buoys		Landmarks
	Swim Route		T1 IN Route
	Cycle Route		T1 OUT Route
	Run Route		T2 OUT Route



SWIM

TRIATHY
FORTITUDINE-VINCIMUS
1st JUNE 2024